

Rotation Schedule

Apr 4-6, 2025

Saturday, April 05, 2025

Session: A01 -- XG-CC,CD,CE,JA,JC,SB

Open Warmup 8:00 AM

Timed Warmup 8:25 AM

March In 8:15 AM

Awards 10:45 AM

Gymnasts: 85

Flight: A - 43



10

Arizona Sunrays [XG] - 3
Diamondback [XG] - 2
Gold Medal Gym [XG] - 5



11

Allstarz AZ [XG] - 2
Flagstaff Gymnastics [XG] - 1
Gym World Central [XG] - 1
Impact [XG] - 4
Synergy [XG] - 3



11

North Valley [XG] - 11



11

Arizona Olympian [XG] - 8
Springs Gym [XG] - 1
Universal Gymnastics [XG] - 2

Flight: B - 42



10

Flames [XG] - 9
Storm Elite [XG] - 1



10

Arizona Dynamics [XG] - 7
DK Gymnastics [XG] - 1
Inspirit [XG] - 2



11

Aspire [XG] - 1
Desert Devils [XG] - 3
Old Pueblo [XG] - 2
PGA [XG] - 4
Radiant Gymnastics [XG] - 1



11

Desert Lights [XG] - 2
Rising Sky [XG] - 4
Surprise Angels [XG] - 1
USA [XG] - 4

Saturday, April 05, 2025

Session: A02 -- XG-CG,JF,SA,SD,SF,SH

Open Warmup 11:00 AM

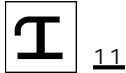
Timed Warmup 11:25 AM

March In 11:15 AM

Awards 2:30 PM

Gymnasts: 89

Flight: A - 44



11

Arizona Olympian [XG] - 4
DK Gymnastics [XG] - 3
Diamondback [XG] - 3
Inspirit [XG] - 1



11

Aspire [XG] - 4
Gym World Central [XG] - 3
Rising Sky [XG] - 1
Xtreme Gymnastics [XG] - 3



11

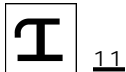
Flagstaff Gymnastics [XG] - 1
Gold Medal Gym [XG] - 8
Radiant Gymnastics [XG] - 2



11

Arizona Dynamics [XG] - 7
Carters [XG] - 2
Yuma Gymnastics [XG] - 2

Flight: B - 45



11

Impact [XG] - 3
North Valley [XG] - 6
PGA [XG] - 2



12

Arizona Sunrays [XG] - 2
Desert Devils [XG] - 1
Summit [XG] - 1
Surprise Angels [XG] - 3
Synergy [XG] - 5



11

Flex [XG] - 2
Springs Gym [XG] - 9



11

Flames [XG] - 2
Old Pueblo [XG] - 6
WGC [XG] - 3

Rotation Schedule

Apr 4-6, 2025

Saturday, April 05, 2025

Session: A03 -- XG-CA,CB,CH,JE,JH,SC

Open Warmup 2:45 PM

Timed Warmup 3:10 PM

March In 3:00 PM

Awards 5:15 PM

Gymnasts: 87

Flight: A - 44



11

DK Gymnastics [XG] - 1
Desert Lights [XG] - 2
Hot Spot [XG] - 5
Storm Elite [XG] - 2
Yuma Gymnastics [XG] - 1



11

USA [XG] - 9
Universal Gymnastics [XG] - 2



11

Flames [XG] - 10
Springs Gym [XG] - 1



11

Arizona Olympian [XG] - 2
Arizona Sunrays [XG] - 1
Carters [XG] - 3
Summit [XG] - 3
Synergy [XG] - 2

Flight: B - 43



11

Arizona Dynamics [XG] - 8
Flagstaff Gymnastics [XG] - 2
Gym World Central [XG] - 1



10

Diamondback [XG] - 2
Gold Medal Gym [XG] - 8



11

Inspirit [XG] - 2
North Valley [XG] - 7
Rising Sky [XG] - 1
WGC [XG] - 1



11

Allstarz AZ [XG] - 3
Desert Devils [XG] - 2
Flex [XG] - 1
Old Pueblo [XG] - 2
Radiant Gymnastics [XG] - 3

Saturday, April 05, 2025

Session: A04 -- XG-CF,JB,JD,JG,SE,SG

Open Warmup 5:30 PM

Timed Warmup 5:55 PM

March In 5:45 PM

Awards 8:30 PM

Gymnasts: 86

Flight: A - 43



10

Desert Devils [XG] - 1
Gym World Central [XG] - 3
Synergy [XG] - 6



11

Arizona Sunrays [XG] - 5
Old Pueblo [XG] - 3
Universal Gymnastics [XG] - 1
WGC [XG] - 2



11

Diamondback [XG] - 4
Flagstaff Gymnastics [XG] - 1
Inspirit [XG] - 1
North Valley [XG] - 5



11

Gold Medal Gym [XG] - 11

Flight: B - 43



10

Allstarz AZ [XG] - 1
Arizona Dynamics [XG] - 4
Storm Elite [XG] - 1
Xtreme Gymnastics [XG] - 2



11

Aspire [XG] - 1
Flex [XG] - 7
Springs Gym [XG] - 2
Summit [XG] - 1



11

Carters [XG] - 1
Desert Thunder [XG] - 1
Flames [XG] - 7
USA [XG] - 2



11

Arizona Olympian [XG] - 6
Hot Spot [XG] - 2
Impact [XG] - 1
Surprise Angels [XG] - 2

Rotation Schedule

Apr 4-6, 2025

Sunday, April 06, 2025

Session: A05 -- XP-CA,CD,JB,SA,SC

Open Warmup 8:00 AM

Timed Warmup 8:30 AM

March In 8:20 AM

Awards 12:00 PM

Gymnasts: 76

Flight: A - 38



9

Allstarz AZ [XP] - 3
Aspire [XP] - 2
North Valley [XP] - 4



9

USA [XP] - 9



10

Impact [XP] - 1
Old Pueblo [XP] - 2
Springs Gym [XP] - 6
Storm Elite [XP] - 1



10

Gold Medal Gym [XP] - 10

Flight: B - 38



9

Arizona Sunrays [XP] - 6
Desert Thunder [XP] - 1
Summit [XP] - 2



10

Arizona Dynamics [XP] - 3
Surprise Angels [XP] - 1
Synergy [XP] - 5
WGC [XP] - 1



9

Flex [XP] - 4
Universal Gymnastics [XP] - 2
Yuma Gymnastics [XP] - 3



10

Flames [XP] - 9
Inspirit [XP] - 1

Sunday, April 06, 2025

Session: A06 -- XP-CB,CC,JA,JC,SB

Open Warmup 12:15 PM

Timed Warmup 12:45 PM

March In 12:35 PM

Awards 4:00 PM

Gymnasts: 75

Flight: A - 38



10

Old Pueblo [XP] - 8
Springs Gym [XP] - 2



9

Arizona Dynamics [XP] - 5
Summit [XP] - 4



10

Aspire [XP] - 1
Gold Medal Gym [XP] - 8
Surprise Angels [XP] - 1



9

Biltmore-AZ [XP] - 3
USA [XP] - 6

Flight: B - 37



9

Flames [XP] - 5
Yuma Gymnastics [XP] - 4



9

Arizona Sunrays [XP] - 6
Impact [XP] - 2
WGC [XP] - 1



10

Arizona Sunrays [XP] - 6
Carters [XP] - 1
Flex [XP] - 2
Xtreme Gymnastics [XP] - 1



9

Synergy [XP] - 5
Universal Gymnastics [XP] - 4

Rotation Schedule

Apr 4-6, 2025

Sunday, April 06, 2025

Session: A07 -- XD-ALL

Open Warmup 4:15 PM

Timed Warmup 4:45 PM

March In 4:35 PM

Awards 7:30 PM

Gymnasts: 60

Flight: A - 31



2

Aspire [LXD] - 3
WGC [LXD] - 4



6

USA [LXD] - 6



9

Old Pueblo [LXD] - 9



9

Arizona Sunrays [LXD] - 9

Flight: B - 29



6

Gold Medal Gym [LXD] - 6



9

Arizona Dynamics [LXD] - 9



1

Allstarz AZ [LXD] - 1

Gold Medal Gym [LXD] - 6



1

Summit [LXD] - 1

Synergy [LXD] - 1

USA [LXD] - 5

Saturday, April 05, 2025

Session: B01 -- XS-CE,CF,JG,SA,SB

Open Warmup 8:00 AM

Timed Warmup 8:25 AM

March In 8:15 AM

Awards 10:10 AM

Gymnasts: 79

Flight: A - 39



10

Gold Medal Gym [XS] - 6
Inspirit [XS] - 1
PGA [XS] - 2
Rising Sky [XS] - 1



2

DK Gymnastics [XS] - 2
Radiant Gymnastics [XS] - 1
Synergy [XS] - 6



10

Allstarz AZ [XS] - 1
Aspire [XS] - 2
Flames [XS] - 5
Universal Gymnastics [XS] - 2



10

Arizona Sunrays [XS] - 5
Carters [XS] - 1
Desert Devils [XS] - 3
Diamondback [XS] - 1

Flight: B - 40



10

Arizona Olympian [XS] - 1
Old Pueblo [XS] - 6
Summit [XS] - 1
Yuma Gymnastics [XS] - 2



10

Arizona Dynamics [XS] - 10



10

Arizona Gymkids [XS] - 3
Flagstaff Gymnastics [XS] - 1
Hot Spot [XS] - 4
Springs Gym [XS] - 2



10

Flex [XS] - 4
Gym World Central [XS] - 2
Impact [XS] - 3
USA [XS] - 1

Rotation Schedule

Apr 4-6, 2025

Saturday, April 05, 2025

Session: B02 -- XS-CA,JA,JF,SC,SG

Open Warmup 10:30 AM

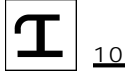
Timed Warmup 11:00 AM

March In 10:45 AM

Awards 12:47 PM

Gymnasts: 80

Flight: A - 40



10

Arizona Olympian [XS] - 3
 Inspirit [XS] - 1
 Rising Sky [XS] - 2
 Summit [XS] - 1
 Synergy [XS] - 3



10

DK Gymnastics [XS] - 1
 Springs Gym [XS] - 8
 Yuma Gymnastics [XS] - 1



10

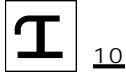
Arizona Sunrays [XS] - 4
 Desert Devils [XS] - 2
 Diamondback [XS] - 3
 USA [XS] - 1



10

Arizona Gymkids [XS] - 1
 Aspire [XS] - 3
 Flex [XS] - 1
 PGA [XS] - 2
 Universal Gymnastics [XS] - 3

Flight: B - 40



10

Carters [XS] - 1
 Flagstaff Gymnastics [XS] - 4
 Flames [XS] - 3
 Hot Spot [XS] - 2



10

Allstarz AZ [XS] - 1
 Arizona Dynamics [XS] - 9



10

Gold Medal Gym [XS] - 8
 Impact [XS] - 2



10

Gym World Central [XS] - 1
 North Valley [XS] - 2
 Old Pueblo [XS] - 2
 Radiant Gymnastics [XS] - 4
 Xtreme Gymnastics [XS] - 1

Saturday, April 05, 2025

Session: B03 -- XS-CB,CD,JB,SF,SH

Open Warmup 1:15 PM

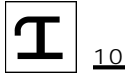
Timed Warmup 1:45 PM

March In 1:30 PM

Awards 3:45 PM

Gymnasts: 83

Flight: A - 40



10

Arizona Olympian [XS] - 3
 Flames [XS] - 5
 Inspirit [XS] - 2



10

Gold Medal Gym [XS] - 7
 Impact [XS] - 2
 Radiant Gymnastics [XS] - 1



10

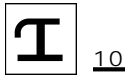
Arizona Dynamics [XS] - 6
 Carters [XS] - 1
 Flagstaff Gymnastics [XS] - 3



10

Arizona Sunrays [XS] - 7
 Old Pueblo [XS] - 2
 Surprise Angels [XS] - 1

Flight: B - 43



10

DK Gymnastics [XS] - 2
 Rising Sky [XS] - 4
 Synergy [XS] - 4



11

North Valley [XS] - 3
 USA [XS] - 6
 Universal Gymnastics [XS] - 2



11

Desert Devils [XS] - 2
 Diamondback [XS] - 1
 Hot Spot [XS] - 1
 Springs Gym [XS] - 4
 Yuma Gymnastics [XS] - 3



11

Allstarz AZ [XS] - 3
 Desert Thunder [XS] - 1
 Gym World Central [XS] - 2
 PGA [XS] - 1
 WGC [XS] - 4

Rotation Schedule

Apr 4-6, 2025

Saturday, April 05, 2025

Session: B04 -- XS-CC,CG,JC,JE,JH

Open Warmup 3:45 PM

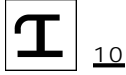
Timed Warmup 4:15 PM

March In 4:00 PM

Awards 6:00 PM

Gymnasts: 80

Flight: A - 40



10

Arizona Gymkids [XS] - 2
DK Gymnastics [XS] - 3
Diamondback [XS] - 1
Radiant Gymnastics [XS] - 4



11

Gold Medal Gym [XS] - 11



10

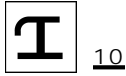
Arizona Dynamics [XS] - 9
Inspirit [XS] - 1



9

Aspire [XS] - 3
Desert Devils [XS] - 2
Flagstaff Gymnastics [XS] - 4

Flight: B - 40



10

Flex [XS] - 4
North Valley [XS] - 3
USA [XS] - 1
Xtreme Gymnastics [XS] - 2



10

Hot Spot [XS] - 2
Old Pueblo [XS] - 5
Summit [XS] - 2
WGC [XS] - 1



10

Allstarz AZ [XS] - 1
Arizona Sunrays [XS] - 3
Synergy [XS] - 2
Universal Gymnastics [XS] - 4



10

Arizona Olympian [XS] - 1
Flames [XS] - 1
Rising Sky [XS] - 3
Springs Gym [XS] - 4
Yuma Gymnastics [XS] - 1

Saturday, April 05, 2025

Session: B05 -- XS-CH,CI,JD,SD,SE

Open Warmup 6:20 PM

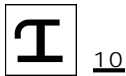
Timed Warmup 6:45 PM

March In 6:35 PM

Awards 9:00 PM

Gymnasts: 82

Flight: A - 41



10

Arizona Sunrays [XS] - 5
Flex [XS] - 3
Hot Spot [XS] - 2



10

Flames [XS] - 3
Gym World Central [XS] - 2
Old Pueblo [XS] - 5



11

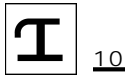
Summit [XS] - 1
Impact [XS] - 4
PGA [XS] - 4
WGC [XS] - 2



10

Diamondback [XS] - 4
Synergy [XS] - 4
USA [XS] - 2

Flight: B - 41



10

Gold Medal Gym [XS] - 6
Rising Sky [XS] - 2
Xtreme Gymnastics [XS] - 2



10

Arizona Dynamics [XS] - 10



10

Springs Gym [XS] - 2
Gold Medal Gym [XS] - 7
Desert Devils [XS] - 1



11

Allstarz AZ [XS] - 1
Arizona Gymkids [XS] - 1
Aspire [XS] - 5
North Valley [XS] - 3
Universal Gymnastics [XS] - 1

Rotation Schedule

Apr 4-6, 2025

Sunday, April 06, 2025

Session: B06 -- XB-CB,CC,JA,SD,SF

Open Warmup 8:00 AM

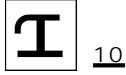
Timed Warmup 8:25 AM

March In 8:15 AM

Awards 10:00 AM

Gymnasts: 77

Flight: A - 39



10

Arizona Dynamics [LXB] - 7
DK Gymnastics [LXB] - 2
Flames [LXB] - 1



11

Gold Medal Gym [LXB] - 11



9

Aspire [LXB] - 1
Diamondback [LXB] - 1
USA [LXB] - 7



9

Rising Sky [LXB] - 9

Flight: B - 38



9

Xtreme Gymnastics [LXB] - 9



9

Carters [LXB] - 3
Flagstaff Gymnastics [LXB] - 3
Hot Spot [LXB] - 2
Rebound West [LXB] - 1



10

Arizona Olympian [LXB] - 1
Arizona Sunrays [LXB] - 2
Impact [LXB] - 1
Inspirit [LXB] - 2
Radiant Gymnastics [LXB] - 4



10

Allstarz AZ [LXB] - 2
Old Pueblo [LXB] - 5
Synergy [LXB] - 2
WGC [LXB] - 1

Sunday, April 06, 2025

Session: B07 -- XB-CD,CG, JF,SB,SC

Open Warmup 10:15 AM

Timed Warmup 10:40 AM

March In 10:30 AM

Awards 12:00 PM

Gymnasts: 78

Flight: A - 39



10

Arizona Sunrays [LXB] - 3
Rising Sky [LXB] - 4
Synergy [LXB] - 1
WGC [LXB] - 2



10

Arizona Dynamics [LXB] - 8
Arizona Olympian [LXB] - 1
PGA [LXB] - 1



10

Carters [LXB] - 1
DK Gymnastics [LXB] - 1
Allstarz AZ [LXB] - 1
Aspire [LXB] - 2
Xtreme Gymnastics [LXB] - 5



9

Flames [LXB] - 4
Impact [LXB] - 3
USA [LXB] - 2

Flight: B - 39



10

Flex [LXB] - 2
Old Pueblo [LXB] - 3
Radiant Gymnastics [LXB] - 3
Rebound West [LXB] - 2



9

Flagstaff Gymnastics [LXB] - 2
Gold Medal Gym [LXB] - 7



10

Arizona Gymkids [LXB] - 3
Hot Spot [LXB] - 4
Inspirit [LXB] - 1
North Valley [LXB] - 2



10

Diamondback [LXB] - 2
Gold Medal Gym [LXB] - 8

Rotation Schedule

Apr 4-6, 2025

Sunday, April 06, 2025

Session: B08 -- XB-CA,JB,JD,JE,SE

Open Warmup 12:15 PM

Timed Warmup 12:40 PM

March In 12:30 PM

Awards 2:10 PM

Gymnasts: 75

Flight: A - 37



9

Arizona Olympian [LXB] - 3
Arizona Sunrays [LXB] - 2
Synergy [LXB] - 4



10

Arizona Dynamics [LXB] - 6
Carters [LXB] - 1
DK Gymnastics [LXB] - 2
Radiant Gymnastics [LXB] - 1



9

Arizona Gymkids [LXB] - 1
Aspire [LXB] - 2
Impact [LXB] - 1
Old Pueblo [LXB] - 5



9

USA [LXB] - 8
WGC [LXB] - 1

Flight: B - 38



9

Gold Medal Gym [LXB] - 9



9

Diamondback [LXB] - 2
Flex [LXB] - 3
Xtreme Gymnastics [LXB] - 4



10

Flagstaff Gymnastics [LXB] - 1
Hot Spot [LXB] - 2
Rising Sky [LXB] - 7



10

Allstarz AZ [LXB] - 3
Flames [LXB] - 1
Inspirit [LXB] - 2
North Valley [LXB] - 1
Rebound West [LXB] - 3

Saturday, April 26, 2025

Session: B09 -- XB-CE,CF,JC,JG,SA

Open Warmup 2:30 PM

Timed Warmup 2:55 PM

March In 2:45 PM

Awards 4:10 PM

Gymnasts: 76

Flight: A - 38



10

Inspirit [LXB] - 3
PGA [LXB] - 1
Radiant Gymnastics [LXB] - 6



9

Arizona Dynamics [LXB] - 9



10

Flex [LXB] - 5
Hot Spot [LXB] - 2
Synergy [LXB] - 3



9

Arizona Sunrays [LXB] - 7
Aspire [LXB] - 2

Flight: B - 38



10

Gold Medal Gym [LXB] - 8
Impact [LXB] - 2



9

North Valley [LXB] - 4
WGC [LXB] - 3
Xtreme Gymnastics [LXB] - 2



9

Arizona Gymkids [LXB] - 4
Diamondback [LXB] - 2
Rising Sky [LXB] - 3



10

Allstarz AZ [LXB] - 1
Carters [LXB] - 1
Flames [LXB] - 3
Old Pueblo [LXB] - 5