



## GYMNASTICS & NINJA CLASSES

|        | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--------|--|--|--|---|--|
| 3:30   | <u>Pre-Team</u><br>3:30-6:00   |  | <u>Pre-Team</u><br>3:30-6:00<br><u>Girls Hotshot 1</u><br>3:30-4:30 (3-5yr)              | <u>Girls Hotshot 1</u><br>3:30-4:30 (3-5yr)   | <u>Pre-Team</u><br>3:30-6:00   |
| 4:00pm | <u>Level 1 Girls</u><br>4:15-5:15<br><br><u>Girls Hotshot 1</u><br>4:00-5:00 (3-5yr) | <u>Jr Ninja Park Fitness</u><br>4:15-5:15<br><br><u>Girls Hotshot 2</u><br>4:30-5:30 (4-6yr)                                       | <u>Level 1 Girls</u><br>4:15-5:15<br><br><u>Advanced Ninja Park Fitness</u><br>4:15-5:45 | <u>Jr Ninja Park Fitness</u><br>4:15-5:15<br><br><u>Girls Hotshot 1</u><br>4:15-5:15 (3-5yr)                                    | <u>Level 2 Girls</u><br>4:00-5:30  |
| 4:30pm | <u>Level 2 Girls</u><br>4:30-6:00  | <u>Level 2 Girls</u><br>4:30-6:00  | <u>Girls Hotshot 2</u><br>4:30-5:30 (4-6yr)<br><br><u>Level 2 Girls</u><br>4:30-6:00     | <u>Level 2 Girls</u><br>4:30-6:00<br><u>Girls Hotshot 2</u><br>4:30-5:30 (4-6yr)  | <u>Girls Hotshot 1</u><br>4:15-5:15 (3-5yr)  |
| 5:00pm | <u>Girls Hotshot 2</u><br>5:00-6:00 (4-6yr)<br><br><u>Level 1 Girls</u><br>5:15-6:15 | <u>Little Ninja Park Fitness</u><br>5:15-6:15  | <u>Level 1 Girls</u><br>5:15-6:15  | <u>Little Ninja park fitness</u><br>5:15-6:15<br><br><u>Level 1 Girls</u><br>5:15-6:15  | <u>Level 1 Girls</u><br>5:15-6:15  |
| 5:30pm |  | <u>Level 1 Girls</u><br>5:30-6:30  | <u>Girls Hotshot 3</u><br>5:30-7:00  | <u>Girls Hotshot 3</u><br>5:30-7:00   | <u>Level 2 Girls</u><br>5:30-7:00<br><br><u>Jr Ninja Park Fitness</u><br>5:30-6:30 |
| 6:00pm | <u>Level 2 Girls</u><br>6:00-7:30<br><br><u>Tumble Bears</u><br>6:00-6:45pm (2-4yr)  | <u>Level 2 Girls</u><br>6:00-7:30<br><br><u>Jr. Ninja Park Fitness</u><br>6:15-7:15<br><u>Girls Hotshot 1</u><br>6:30-7:30 (3-5yr) | <u>Level 2 Girls</u><br>6:00-7:30  | <u>Level 2 Girls</u><br>6:00-7:30<br><br><u>Jr. Ninja Park Fitness</u><br>6:15-7:15<br><u>Tumble Bears</u><br>6:15-7:00 (2-4yr) | <u>Tumble Bears</u><br>6:15-7:00 (2-4yr)   |



## MORNING PRE-SCHOOL CLASSES

|         | Monday                             | Tuesday | Wednesday                         | Thursday | Friday                                      |
|---------|------------------------------------|---------|-----------------------------------|----------|---|
| 9:00am  |                                    |         | <u>Tumble Bears</u><br>9:15-10:00 |          | <u>Tumble Bears</u><br>9:00-9:45            |
| 10:00am | <u>Tumble Bears</u><br>10:30-11:15 |         |                                   |          | <u>Tumble Bears</u><br>10:00-10:45          |
| 11:00am | <u>Parent Tot</u><br>11:15-12:00   |         |                                   |          | <u>Tumble Bears 2</u><br>11:00-12:00(2-4yr) |
| 5:00pm  |                                    |         |                                   |          |   |
| 5:30pm  |                                    |         |                                   |          |   |
| 6:00pm  |                                    |         |                                   |          |   |

## SPECIALTY CLASSES/OPEN GYMS

|         | Monday | Tuesday   | Wednesday  | Thursday  | Friday                                      | Saturday                                  |
|---------|--------|---|--|---|---|---|
| 10:00am |        |   | <u>Tot Open Gym</u><br>10:00-11:30<br>Up to 5 years<br>old |   |   | <b>Open Gym</b><br>10:00-11:30<br>\$10    |
| 2:00pm  |        |   | <b>Homeschool<br/>Open Gym</b><br>2:00-3:00<br>\$5         |   |   |   |
| 5:30pm  |        | <u>HAVOC<br/>Competitive<br/>Cheer</u><br>5:30-7:00 |  | <u>HAVOC<br/>Competitive<br/>Cheer</u><br>5:30-7:00 |   |   |
| 6:00pm  |        | <u>RAGE<br/>Competitive<br/>Cheer</u><br>6:00-8:30  |  | <u>RAGE<br/>Competitive<br/>Cheer</u><br>6:00-8:30  |   |   |
| 7:00pm  |        |   |  |   | <b>PNO Ages 4-13</b><br>7:00-9:30<br>\$18   | <b>PNO Ages 4-13</b><br>7:00-9:30<br>\$18 |
| 9:30pm  |        |   |  |   | <b>Teens Night 14+</b><br>7:00-9:30<br>\$10 |   |