



## GYMNASTICS & NINJA CLASSES

	Monday	Tuesday	Wednesday	Thursday	Friday
3:30	<u>Pre-Team</u> 3:30-6:00	<u>Girls Hotshot 1</u> 3:30-4:30 (3-5yr)		<u>Pre-Team</u> 3:30-6:00	
4:00pm	<u>Level 1 Girls</u> 4:00-5:00  <u>Girls Hotshot 1</u> 3:45-4:45 (3-5yr)  <u>Girls Hotshot 1</u> 4:00-5:00 (3-5yr)	<u>Ninja Park Fitness</u> 4:15-5:15  <u>Level 1 Girls</u> 4:00 – 5:00	<u>Level 2 Girls</u> 4:00-5:30  <u>Level 1 Girls</u> 4:00-5:00  <u>Advanced Ninja Park Fitness</u> 4:15-5:45	<u>Girls Hotshot 1</u> 4:00-5:00 (3-5yr)  <u>Ninja Park Fitness</u> 4:15-5:15  <u>Level 1 Girls</u> 4:00 – 5:00	<u>Level 2 Girls</u> 4:15-5:45  <u>Little Ninja Park Fitness</u> 4:00–5:00
4:30pm	<u>Girls Hotshot 1</u> 4:45-5:45 (3-5yr)	<u>Girls Hotshot 2</u> 4:30-5:30 (4-6yr)			<u>Little Ninja Park Fitness</u> 5:00-6:00
5:00pm	<u>Girls Hotshot 2</u> 5:00-6:00 (4-6yr)  <u>Level 1 Girls</u> 5:00-6:00	<u>Little Ninja Park Fitness</u> 5:15-6:15  <u>Level 1 Girls</u> 5:00–6:00	<u>Level 1 Girls</u> 5:00-6:00	<u>Girls Hotshot 2</u> 5:00-6:00 (4-6yr) <u>Little Ninja park fitness</u> 5:15-6:15 <u>Level 1 Girls</u> 5:00–6:00	
5:30pm		<u>Level 2 Girls</u> 5:30-7:00 <u>Girls HotShot 3</u> 5:30-700	<u>Level 2 Girls</u> 5:30-7:00  <u>Ninja Park Fitness</u> 5:45-6:45	<u>Girls HotShot 3</u> 5:30-700	<u>Ninja Park Fitness</u> 6:00-7:00
6:00pm	<u>Level 1 Girls</u> 6:00-7:00 <u>Girls Hotshot 1</u> 6:00-7:00 (3-5yr) <u>Level 2 Girls</u> 6:00-7:30	<u>Level 1 Girls</u> 6:00-7:00  <u>Ninja Park Fitness</u> 6:15-7:15	<u>Level 1 Girls</u> 6:00-7:00	<u>Level 1 Girls</u> 6:00-7:00 <u>Level 2 Girls</u> 6:00-7:30	<u>Level 1 Girls</u> 5:45-6:45
6:30pm					



## PRE-SCHOOL CLASSES & TOT OPEN GYM

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am			<u>Tumble Bears</u> 9:15-10:00		<u>Tumble Bears</u> 9:00-9:45
10:00am	<u>Tumble Bears</u> 10:30-11:15		<u>Tot Open Gym</u> 10:00-11:30 <i>Up to 5 years old</i>		<u>Tumble Bears 2</u> 10:00-11:00(2-4yr)
11:00am	<u>Parent Tot</u> 11:15-12:00				<u>Tumble Bears 2</u> 11:00-12:00(2-4yr)
5:00pm					
5:30pm	<u>Tumble Bears</u> 5:45-6:30 (2-4yr)				
6:00pm				<u>Tumble Bears</u> 6:15-7:00 (2-4yr)	

## SPECIALTY CLASSES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00pm						
5:30pm		<u>HAVOC</u> <u>Competitive</u> <u>Cheer</u> 5:30-7:00		<u>HAVOC</u> <u>Competitive</u> <u>Cheer</u> 5:30-7:00		
6:00pm	<u>Beginner/Inter.</u> <u>Silks</u> 6:00-7:00	<u>RAGE</u> <u>Competitive</u> <u>Cheer</u> 6:00-8:30		<u>RAGE</u> <u>Competitive</u> <u>Cheer</u> 6:00-8:30		
7:00pm	<u>Inter./Advanced</u> <u>Silks</u> 7:00-8:00					
8:00pm						

# OPEN GYM TIMES

## TOT OPEN GYM

Wednesday 10:00-11:30

\$4 Cash

\$5 Card

Ages 5 & Under

## Parents Night Out (Open Gym)

Friday 7:00-9:30 | \$15

Ages 4-13

Teen Open Gym | \$10

Ages 14&up

Saturday 6:30-9:30 | \$15

Ages 4 & Up

## OPEN GYM

Wednesday 2:00-3:00 | \$7

Saturday 10:00-11:30 | \$10

Ages 4 & Up

